## Knutsford Schools' Sports Newsletter

This week saw the conclusion of the Yr 5/6 Netball League and the Knutsford and District Primary Schools Swimming Gala.

## Netball league

As always the Netball League was hugely competitive and played by wonderful players with superb attitudes and magnificent individual and team skills.

Each school played four 'High 5' structured matches, one against each other school in the partnership.

High 5 is a smaller version of Netball that encourages maximum participation, specifically designed for the under 11s to introduce them into Netball in a fun and enjoyable environment.

At a glance **High 5** is: five-aside; normal court markings; 4 seconds to pass or shoot; 7-9 players per squad involving the player rotation (the rotation happens after each quarter) included in the positions is timekeeper, scorers, centre pass marker.

All the matches were played in a supporting and sporting nature. It was decided that head to head matches would be used to determine league positions. With such a competitive league this system created an even more exciting league as you can see below the final league table was very close due to all the teams beating each. The decisive game was Bexton's victory over St Vincents which gave Bexton the title; Congratulations <u>BEXTON</u>

#Bexton beat St Vins
Egerton beat Bexton
St Vins beat Egerton
Bexton beat Yorston
St Vins beat Yorston
##Yorston beat Egerton

	Р	W	D	L	Pts
Bexton	4	3	0	1	9#
St Vincents	4	3	0	1	9#
Yorston	4	2	0	2	6##
Egerton	4	2	0	1	6##
Manor Park	4	0	0	4	0

## **Swimming Gala**

Thursday afternoon saw all five primary schools compete in the Knutsford and District Swimming Gala supported by the Knutsford Rotary Club.

The Gala involved 14 races/ events; one for boys and one for girls in each category:

Breast stroke; Free style; Back stroke; Butterfly; Medley relay (back stroke, breast stroke and crawl); Breast stroke relay; Free style relay.

The competition was full of energy and enthusiasm from all schools and with the noise from the viewing audience, there was no way the swimmers weren't going to give their best efforts.

To work out which school won the shield, each swimmer was awarded points correlated to their finishing position:  $1^{st} = 5$ ;  $2^{nd} = 4$ ;  $3^{rd} = 3$ ;  $4^{th} = 2$ ;  $5^{th} = 1$ .

The score table was close the whole way through the contest. Into the final races, the boys and girls Free Style Relays looked like they were to be pivotal as there was only 3 points between the top two schools. Two great swims from the Yorston swimmers clinched the victory; Congratulations <u>Yorston Lodge</u>

There was one other event this week, as you read this, the Year 5/6 boys and girls will have just finished playing in the **Kwik Cricket tournament** over at **Toft CC**. Good luck/ well done/ congratulations to all the young crickets involved.